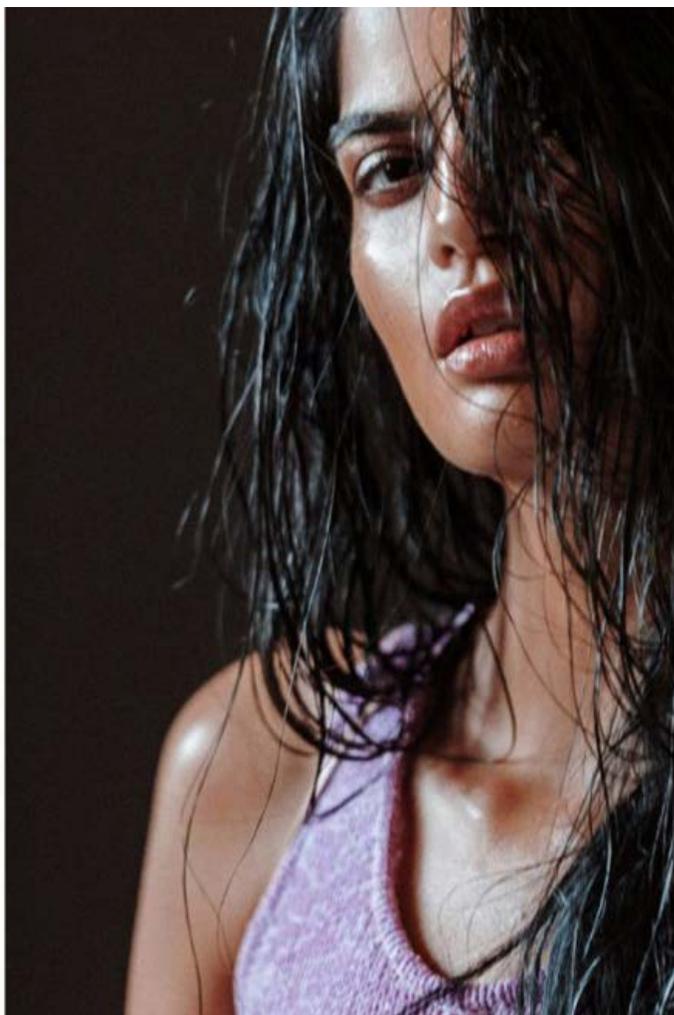




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SKIN

18th April 2018

# THE BEST: Non-Invasive Treatments

*Apparently, there's a decline in people going under the knife in pursuit of perfection. But rather than spell the end of the cosmetic surgery industry, it's more likely that the decline is due to the range in options available as non-invasive alternatives. So, what's new on the scene?*



*Image Credit @ Tom Newton for Into the Gloss*



Image Credit @ Tom Newton for Into the Gloss

I was surprised when I heard that cosmetic surgery was on the decline (an 8% drop year on year) but then when you think about the ever-increasing range of non-invasive options, it's no wonder people are going for options with less down time and less hassle. To get the low-down, I spoke to a host of experts about the latest innovations in non-invasive cosmetic enhancements...

## WHAT'S THE NON-INVASIVE ALTERNATIVE TO LIPOSUCTION?

### A: ProMax Lipo

ProMax Lipo is the non-surgical choice for slimming down or toning stomach or thighs. It combines three clinical technologies; ultrasound cavitation therapy, radio frequency and vacuum massage. They shake up fat cells and encourage lipids to move away from problem areas and metabolise.

*"I am a believer in maintaining skin health and having a good skin care regime, healthy diet and having intermittent non-surgical interventions such as micro-needling (Derma FNS, £145, [Harleymedical.co.uk](http://Harleymedical.co.uk)) increasingly people are looking for alternatives with less down time especially for non-invasive body treatments such as ProMax Lipo.*

*"If you want to slim down, tone your stomach or smooth your thighs, the ProMax Lipo treatment combines three clinically proven powerful technologies, which give instant results. Ultrasound cavitation therapy and radio*



Image Credit @ Tom Newton for Into the Gloss

*frequency work alongside vacuum massage to ‘shake up’ fat cells, encourage lipids to move away from problem areas and naturally metabolise, and increase collagen production.” - Justine Hextall, on behalf of The Harley Medical Group*

PRICES START FROM £150 PER TREATMENT OR £840 FOR A COURSE OF EIGHT TREATMENTS, AVAILABLE NATIONWIDE AT THE HARLEY MEDICAL GROUP.

## WHAT IS THE NON-INVASIVE ALTERNATIVE TO A FACE LIFT?

### A: Ultherapy

This is the only FDA-cleared non-surgical procedure to lift and tighten the neck, chin and brow plus work on lines and wrinkles on the chest using ultrasound technology.

*“Ultherapy uses concentrated, powerful ultrasound to tighten the muscles of the face and neck. It is popular because there is no downtime and most patients receive great results with lifting of the jowls and a more refined jawline. For many people the lower face and neck are the first areas to show signs of*



Image Credit @ Tom Newton for Into the Gloss

ageing.

*“Of course, a surgical neck or full face lift is superior to Ultherapy and is more long lasting but not all people want to undergo surgery. It’s the best non-surgical route to a younger face. At NYDG we often combine it with Botox and Kybella to further smooth the neck and melt away a double chin.” - [Dr. David Colbert](#) at [New York Dermatology Group](#) and [Harrods Wellness Clinic](#)*

*“Ultherapy can reach depths between 1.5 and 4.5mm beneath the skin, which helps stimulate new collagen and elastin.” - [Dermatologist Dr Tracy Mountford](#) at [Cosmetic Skin Clinic](#)*

(PRICES START AT £4000)

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## WHAT IS THE NON-INVASIVE ALTERNATIVE TO BUTTOCK AUGMENTATION?

### A: Cellfina

A minimally-invasive treatment, Cellfina targets the causes of cellulite by breaking up connective tissue bands sitting just beneath the skin. Results last for up to three years.



Image Credit @ Tom Newton for Into the Gloss

*“Cellfina is another treatment that utilises innovative technology to treat the structural cause of cellulite dimples. A small needle-sized device is used to treat the cellulite-causing bands just beneath the surface of the skin. The needles break the bands up and release them, like releasing a rubber band under tension, in turn allowing the skin to bounce back and smooth itself out, alleviating the dimpled appearance. For years women have been coming into my clinic asking for a treatment for cellulite that not only works, but that also has long-term results. Research has shown that over half of women have bought creams, lotions or had treatments to try and combat their cellulite. Until now, I haven’t been able to offer patients a solution, as previous treatments didn’t tackle the root cause of the problem and any results were short-lived.” - [Dr Nick Rhodes from FaceEtc Medispa](#)*

**THE CELLFINA TREATMENT ERADICATES  
CELLULITE IN ONE 45-MINUTE  
TREATMENT COSTING FROM £2,500**

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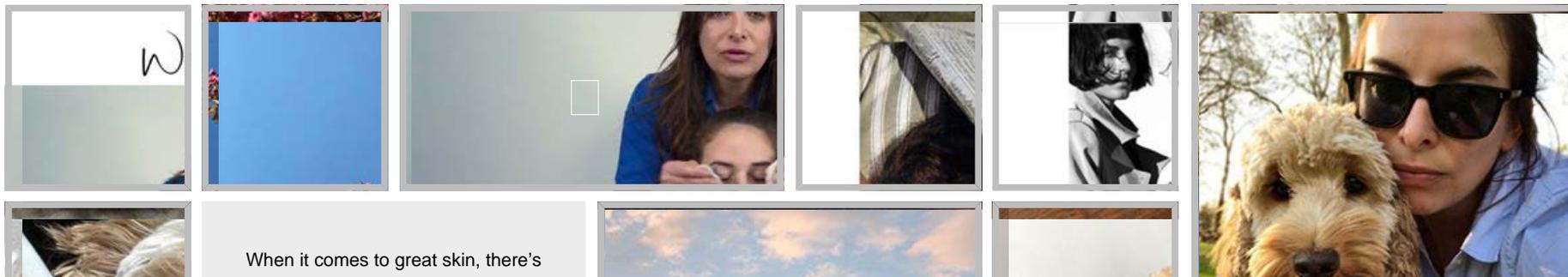
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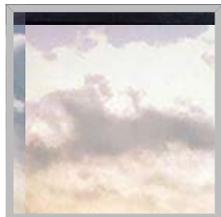
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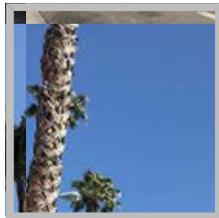
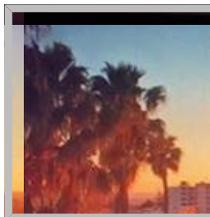




one thing I tell people again and again: cleanse, cleanse, cleanse!...  
<https://t.co/rxHvd8KAz8>



RT @ZoyaUK: Taking it back to basics with @wendyrowemakeup! The buff perfector will make any teenage dream for perfectly natural



Kate Whitling, Non-Surgical Manager at .@harleymedical gave me some advice on what #questions you should be asking...



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